

EBSNA Framework: Gathering Young Person's Views

Remember to use an approach to gain views that is suitable for the young person's age and ability. A combination of approaches could be used. Use an individualised approach and omit any questions that you feel are not appropriate. Please see guidance notes and additional resources in the Appendix.

Young person's full name	
Date of birth	
School	
School year	
Date of completion	

My Strengths

What do you think you are good at? What activities do you enjoy?

What makes it easier for you to come and stay in school?

Who are your friends?

If you could name one adult you trust at school, who would it be?

What is stopping me from going to/staying in school?			
Worry		Sensory factors - I find these things hard:	
Crowds	☐	The fabric of school uniform	☐
Being bullied	☐	Being too close to others	☐
Having a panic attack	☐	Some smells at school	☐
Getting to and from school	☐	Noise	☐
Getting into trouble	☐	Moving between lessons	☐
Doing badly in lessons	☐	Bright lighting	☐
Socialising with other people	☐	Something else in the school environment:	
Something else:			

Fitting in		School work and teachers	
I feel I am being bullied	☐	I find the work too easy	☐
I am worried about what people think of me	☐	I find the work too hard	☐

I feel lonely and I don't have friends	☐	I am having trouble with a teacher or subject	☐
I have recently fallen out with someone	☐	I worry teachers will get angry or be impatient with me	☐
I am having problems involving social media or cyberbullying	☐	I worry that I will not have the right equipment	☐
I feel I don't fit in with others	☐	I am worried about doing PE or getting changed for PE	☐
I feel I don't fit in with others because I am a different religion or race	☐	I find school rules difficult	☐
I feel I don't fit in with others because I am gay/lesbian or have a different gender identity	☐	I am really worried about exams, tests, and/or homework	☐
Do you want to explain more:			

Things at home	
I am worried that my parent or carer is not well	☐
My parent or carer worries about me not being well	☐
I do not always feel safe at home	☐
We have had a death in our family	☐
We have had stressful things to cope with at home	☐
We have had a big change in our family (e.g., new baby, new parent, new stepsisters/brothers, parents separated)	☐
I look after my parent/carer or brothers and sisters	☐
There are lots of problems where we live	☐
My parent or carer finds it hard to get me to school in the mornings	☐
I feel really worried about being away from my parent or carer	☐
I do not think school is important	☐
Do you want to explain more:	

Do any of these other things stop me getting back to school?	
When I am off school, I can use my phone, play computer games, watch TV	☐
I have friends who are also off school	☐
I have a brother or sister who are at home during the day	☐
I work and earn money while I am out of school	☐

I get extra attention from, and time with my parent or carer	☐
I can completely control my environment at home (e.g., what I wear, who I see, when I go to bed or get up, what I eat, routines)	☐
I am involved in gang activities	☐
I am part of a radical religious or nationalist group	☐
I am in a relationship with someone much older than me	☐
I do a lot of online gaming and have friends through it	☐
I am learning what I need to online or through a friend or family member	☐
I feel that school is pointless	☐
Do you want to explain more:	

Things that make it harder to go back to school

I don't know how to explain to friends why I have been away	☐
I worry about facing my teachers	☐
I worry that if I get into school, they won't let me leave if I need to	☐
I don't feel safe at home (if yes, important to explore further)	☐
I don't think I can catch up with the schoolwork that I missed	☐
I go to bed too late or sleep badly and have trouble waking up early. I feel tired and sometimes catch up with sleep during the day	☐

Is there anything else that stops you going to school?

Look at the reasons you have ticked – which are the most important?

What is good about school?

What do you hope to do in the future when you leave school?