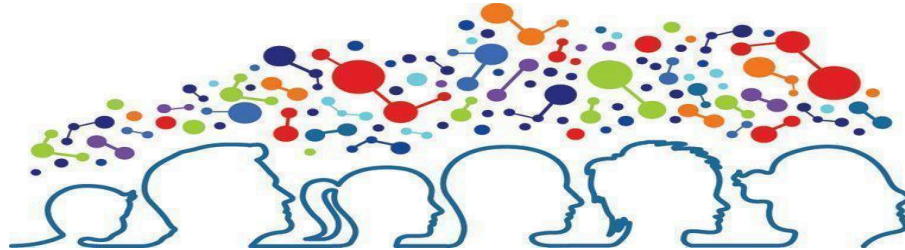




# PRESDALES SCHOOL

## Achievement for all




## Psychology Induction Summer Work

Before you start your A-Levels in September, you are expected to complete the activities in this booklet. It can either be completed electronically or by hand on paper - there is no need to print it. You will however need access to a number of online videos. The work has been divided into activities that will give you a flavour for the skills and the content that you need in Psychology. There are also some optional extension activities which will provide you with more examples about the topics and research studies we look at in psychology and will challenge you to use your critical thinking skills (these optional extension activities are highlighted in pink).

We hope the activities give you a taste for all the excitement and interesting topics to come in your Psychology A-Level!

	Activity	Resources
1	<p><b>Introduction to Psychology</b></p> <p><b>Activity one:</b> Watch the TED talk and choose 3 myths to describe and explain how they have been debunked</p> <p><b>Activity two:</b> Research the following careers in psychology and then <b>choose one</b> to summarise in 150 words:</p> <ol style="list-style-type: none"> <li>1) Clinical psychologist</li> <li>2) Forensic psychologist</li> <li>3) Health psychologist</li> </ol>	<p>9 myths about Psychology, debunked (14 mins):  <a href="https://www.ted.com/talks/ben_ambridge_10_myths_about_psychology_debunked/transcript?language=en">https://www.ted.com/talks/ben_ambridge_10_myths_about_psychology_debunked/transcript?language=en</a></p> <p>Websites for research:</p> <p><a href="https://www.healthcareers.nhs.uk/explore-roles/psychological-therapies/roles/clinical-psychologist">https://www.healthcareers.nhs.uk/explore-roles/psychological-therapies/roles/clinical-psychologist</a></p> <p><a href="https://www.prospects.ac.uk/job-profiles/clinical-psychologist">https://www.prospects.ac.uk/job-profiles/clinical-psychologist</a></p> <p><a href="https://www.careerexplorer.com/careers/forensic-psychologist/">https://www.careerexplorer.com/careers/forensic-psychologist/</a></p> <p><a href="https://careers.bps.org.uk/area/health">https://careers.bps.org.uk/area/health</a></p> <p><a href="https://www.healthcareers.nhs.uk/explore-roles/psychological-therapies/roles/health-psychologist">https://www.healthcareers.nhs.uk/explore-roles/psychological-therapies/roles/health-psychologist</a></p>



<p>2 <b>Ethics</b></p> <p><b>What are ethics and why do we study them in Psychology?:</b> In Britain, ethical guidelines for research are published by the British Psychological Society (BPS). The purpose of these codes of conduct is to protect the participants of the research, the reputation of psychology and psychologists themselves.</p> <p>In Psychology you will learn about six different ethical guidelines. These are things that Psychologists should follow when conducting studies.</p> <p><b>The six guidelines are as follows:</b></p> <ol style="list-style-type: none"> <li>1. Protection From Harm</li> <li>2. Right to Withdraw</li> <li>3. Confidentiality</li> <li>4. Informed Consent</li> <li>5. Debriefing</li> <li>6. Deception</li> </ol> <p><b>Activity:</b></p> <p>Watch the youtube video to gain a brief understanding of why ethics are important. <b>If you would like to delve further, there are some links provided for additional resources.</b></p> <p>Draw a table defining the 6 ethical guidelines.</p>	<p>Introductory video:  <a href="https://www.youtube.com/watch?v=kpZHkr9_8Gc">https://www.youtube.com/watch?v=kpZHkr9_8Gc</a></p>  <p><b>Resources:</b></p> <p><a href="https://www.youtube.com/watch?v=kpZHkr9_8Gc">https://www.youtube.com/watch?v=kpZHkr9_8Gc</a>  <a href="https://www.simplypsychology.org/Ethics.html">https://www.simplypsychology.org/Ethics.html</a>  <a href="https://www.tutor2u.net/psychology/reference/ethics-and-psychology">https://www.tutor2u.net/psychology/reference/ethics-and-psychology</a>  <a href="https://www.psychologywizard.net/ethics-ao1-ao2-ao3.html">https://www.psychologywizard.net/ethics-ao1-ao2-ao3.html</a></p>
<p>3 <b>Psychology timeline</b></p> <p>In Year 1, we look at four different schools of psychology. Behaviour is explained differently by psychologists from each approach. For example - are you born with a personality or are personalities a product of our environment?</p> <p>Social Approach  Cognitive Approach  Biological Approach  Learning Theories/Behaviourist Approach</p> <p><b>Activity One:</b> for each of the different approaches answer the following questions:</p> <ol style="list-style-type: none"> <li>1. When did the approach come about?</li> <li>2. Who was the founder of the approach?</li> <li>3. What are the key beliefs of the approach in regards to explaining human behaviour?</li> </ol> <p><b>Activity Two (optional extension):</b> Now that you have knowledge of the different approaches. Which type</p>	<p><b>Activity one:</b></p> <p><a href="http://mrmcnabb.weebly.com/5-major-perspectives-in-psychology.html">http://mrmcnabb.weebly.com/5-major-perspectives-in-psychology.html</a></p> <p><a href="https://www.simplypsychology.org/a-level-approaches.html">https://www.simplypsychology.org/a-level-approaches.html</a></p>

	of psychologist do you think you would be, explain your choice? Write 150 words.	
4	<p><b>Research methods</b></p> <p><b>Activity:</b> In Psychology, you will study a variety of research methods. Create a mind map of all the research methods (experiment, case study, correlation, interviews, questionnaires, observations, content analysis and peer review) and briefly explain what they are.</p>	<p>List of research methods used in Psychology:  <a href="https://www.simplypsychology.org/research-methods.html">https://www.simplypsychology.org/research-methods.html</a></p>
5	<p><b>Mathematical content</b></p> <p>In Psychology, you will study a variety of ways to measure and analyse data using measures of central tendency and inferential statistics. You will also need to complete graphs and interpret tables and charts.</p> <p><b>Activity one:</b> What is the difference between measures of central tendency and inferential statistics? Write a short summary paragraph</p> <p><b>Activity two:</b> Please complete the stats booklet</p>	<p>Link to stats booklet: <a href="#">HERE</a></p>

We have also included a Psychology reading list and a list of recommended Psychology films which you may choose to explore over the next few months.

### Psychology reading list

#### Books

- **Introducing Psychology: A Graphic Guide to Your Mind and Behaviour** by Nigel Benson
- **Mindwatching: Why We Behave the Way We Do** by H.J. Eysenck and Michael W. Eysenck
- **Psychology: A Very Short Introduction** by Gillian Butler and Freda McManus
- **Obedience to Authority** Stanley Milgram
- Dawkins, R., (2006) **The Selfish gene**
- Filer, N., (2014) **The shock of the fall**
- Foster J. K. (2009) **Memory: A very short introduction**, Oxford –
- Gladwell M. (2005) **Blink**. Penguin Books.
- Kahneman, D. (2012) **Thinking fast and slow**
- Ronson J. (2011) **The Psychopath Test**, Picador
- Storr A. (1989) **Freud: A very short introduction**, Oxford
- Sleter, L., (2005) **Opening Skinner’s box: Great psychological experiments of the twentieth century**
- Brooks, D. (2011) **The Social Animal: A Story of how success happens**, Short books
- Emma Donoghue: **Room**
- Jed Rubenfeld: **Interpretation of Murder** [Links to Freudian principles]
- Lauren Greenfield: **Thin** [Links to eating disorders – Anorexia]
- Lianne Moriarty: **What Alice Forgot** [Links to Memory]
- Paul Britton: **Jigsaw Man** [Links to Forensic Psychology and offender profiling]
- **The Lucifer Effect: How good people turn evil** by Phillip Zimbardo
- **One flew over the Cuckoo’s Nest** by Chuck Palahniuk
- **We need to talk about Kevin** by Lionel Shriver

## Psychology Film recommendations

- A Beautiful Mind
- Stuck on you
- One Flew over the Cuckoo's nest
- 12 Angry Men
- Girl Interrupted
- Hotel Rwanda
- Mozart and the Whale
- The Soloist
- After Thomas
- Eternal sunshine of the spotless mind
- Angel Baby
- Instinct
- Memento
- Clockwork Orange
- Shutter Island
- The Silence of the Lambs
- Psycho
- Enough
- Good Will Hunting
- Identity
- Rain Man
- Black Swan
- Sylvia
- Borderline
- Split
- As Good As It Gets
- Crash
- Donnie Darko

