

Year 8 Take Your Daughter to Work Day

Thursday 25th April 2024 : TOP TIPS

For students, it's an opportunity to:

- ▶ Understand the importance of developing both 'soft' and 'transferable' skills in school by observing first-hand what of those skills are required in today's workplace.
- ▶ Start exploring career options in a practical way and gain a better understanding of just how many career choices are open to them.
- ▶ Develop an appreciation for their parents or carers and their roles in supporting their families.

For parents, it's preparing your daughter for the future. You can:

- ▶ Participate in a shared experience with your daughter.
- ▶ Begin a career discussion based on actual experiences.
- ▶ Enhance your daughter's experience with discussions before, during and after the workplace visit.
 - Whilst the programme is a great opportunity for students to be exposed to the workplace and it offers an unmatched educational experience, there are things parents, mentors, teachers and workplaces need to be cautious of.
 - All those involved should follow certain guidelines and so be involved in activities that make sure your daughter gets the most out of the programme.

Plan the day

- Ahead of time, please think about how your daughter will participate in the day and what you would like your daughter to be involved in based on their interests if possible.
- Talk to your daughter before they go to set out the ground rules.
- Find out if the organisation can offer any planned activities that your daughter can participate in. Whilst you want to make it interesting, please keep it realistic.
- Talk with other parents who have taken their daughter/son to the workplace to learn what went well and what they might have done differently.

On the day

- Don't assume your daughter will be comfortable in your place of work. Ensure they receive a short briefing at the start of the day to introduce protocols and Health and Safety issues.
- Introduce your daughter to everyone you work with and include an acknowledgement such as saying hello and shaking hands.
- Tell your daughter what each person does so that they can start understanding that everyone has different responsibilities in the workplace.
- Whilst **Take Your Daughter to Work Day** is intended to be enjoyable, it should not be a jolly. We hope your daughter will take the aims of the day seriously. Please allow them to see you problem-solve etc., and understand some of the details of various activities at work.
- Have a short discussion at the end of the work day to ask your daughter about what they most enjoyed and what they learned.
- Don't just have your daughter shadow you; make sure they have an explanation of what you are doing and why and that they are fully engaged.

The school would like to thank you most sincerely for your intended participation in this day. Girls all over the world are being invited to participate and at Presdales we think it will be a most worthwhile venture.
Thank you again.

Please [click here](#) to complete the **TAKE YOUR DAUGHTER TO WORK DAY PERMISSION AND CONFIRMATION GOOGLE FORM**.



Presdales School