

TRAVEL

You may have to take a coach as well as a plane journey but it is definitely worth it. Here is how most people arrive at this stunning destination:

- Fly from Stanstead airport in England.
- Land in Grenoble airport in France.
- Here you will be picked up by a coach.
- Half way through people travelling to miribel transfer to another coach which will take you into the centre of Meribel.
- Here you will be picked up by who you have decided to stay with and they will take you to your accommodation.

A MAP

This is a map of the three valleys in France — a popular ski resort in Meribel

If it is hard to read visit this link <https://piste-maps.co.uk/france/three-valleys/meribel>



This is just one of the many slopes in Meribel where people ski and snowboard all through winter.



4 DAY ESCAPE TO MERIBEL - FRANCE

BY ROSE WARREN



RESTAURANTS

You do not want to have to go off the slopes every day to go home and have lunch so, here are a few excellent places in Meribel on the slopes where you can buy lunch:

- La Cantine d'Alvar,
- Le Monchu.
- Le Rok,
- L'Adray Télébar.

Also, you will not be able to ski to restaurants in the evening so here are some restaurants in the centre of Meribel which you can easily get to by a short taxi ride

- Le Bo A Mil **4.2 stars**
- La Terrasse du Village **4.5 stars**
- Restaurant Le MARTAGON **4.4 stars**



THE WEATHER

December-February is definitely the right time to go skiing here the weather is yes, cold but also, the sun shines though making it a lot warmer and more comfortable. If you go any later than these times there will not be enough snow and will not be very enjoyable. Here is a grid that shows this.

Month	Snow amount (week)
December	27cm
January	33cm
February	25cm
March	25cm
April	17cm



ACCOMMODATION

We recommend to stay in chalets. These are great for big groups travelling together or small families without being separated into different hotel rooms and only have full gatherings at dinner.

There are plenty of chalets in Meribel however, they are very popular and they get taken very fast - especially the bigger chalets. So, make sure to book well in advance.



ENTERTAINMENT

There may be a day where you want a couple hours off from skiing and do something else instead. We recommend sledging - it is great fun for kids and adults, you are allowed more than 1 go and there is a ski lift at the bottom of the course which will take you back up to the top of the course. It is really fun and is not expensive!



WHAT TO TAKE

- Ski goggles
- Warm clothes to go under coats and trousers
 - Ski coat
 - Ski trousers
 - Ski socks
 - Lift passes
 - Euros
 - Gloves
 - Neck scarf
- Skis, helmets, boots and ski poles can all be rented from Meribel.



KEY PHRASES

Excuse me = Pardon
Thank you =Merci
Where is ? = où se trouve?