

## **FOOD IN SPACE CHALLENGE**

**Starter:**      Dried mango fruit for cleaning the pallet.



**Main:**          Spicy salmon traybake.

Salmon in spicy Korean sauce with soy, lime and garlic marinade. Slow Baked with roasted new potatoes pak choi, broccoli and maple drizzled carrots



**Main-**  
**552 K cals**  
**28.4 g fat**  
**36.1 g Protein**  
**40.9 g carbohydrates**  
**Salt 2.6 g**  
**Fibre 6 g**

**Dessert:**          Cheese bites

